

S1 Table. Descriptive statistics on the scales used in the study (n=333)

Scale	Statistic		
	Range	Mean±SD or n (%)	Min-Max
Fear of Cancer Recurrence Inventory (FCRI)			
Total scale	0-168	54±26	0-142
FCRI subscales			
Triggers	0-32	12±7	0-32
Severity	0-36	12±7	0-32
Psychological distress	0-16	4±4	0-16
Coping strategies	0-36	18±8	0-36
Functioning impairments	0-24	3±4	0-24
Insight	0-12	1±2	0-12
Reassurance	0-12	3±3	0-12
FCR (severity score ≥ 13)			
No		180 (54)	
Yes		153 (46)	
EuroQol 5-Dimension Questionnaire			
Problem in mobility ^{a)}		13 (4)	
Problem in self-care ^{a)}		4 (1)	
Problem in usual activities ^{a)}		38 (11)	
Problem in pain/discomfort ^{a)}		148 (44)	
Problem in anxiety/depression ^{a)}		151 (45)	
Summary Index	0-1	0.918±0.085	0-1
Patient Health Questionnaire			
Total scale	0-27	3±4	0-24
Depression levels			
No depression (score < 5)		260 (79)	
Mild (score 5-9)		53 (16)	
Moderate or severe (score ≥ 10)		17 (5)	
EORTC QLQ-C30 Functioning scales			
Physical Functioning	0-100	87±12	40-100
Role Functioning	0-100	87±19	0-100
Emotional Functioning	0-100	80±19	8-100
Cognitive Functioning	0-100	79±17	17-100
Social Functioning	0-100	88±19	0-100

EORTC QLQ-C30, European Organization for Research and Treatment of Cancer Quality of Life Questionnaire-Core 30; EQ-5D, EuroQol 5-Dimension Questionnaire Index; FCR, fear of cancer recurrence; SD, standard deviation. ^{a)}Problem in the EQ-5D dimension includes responses indicating either a moderate or severe problem.